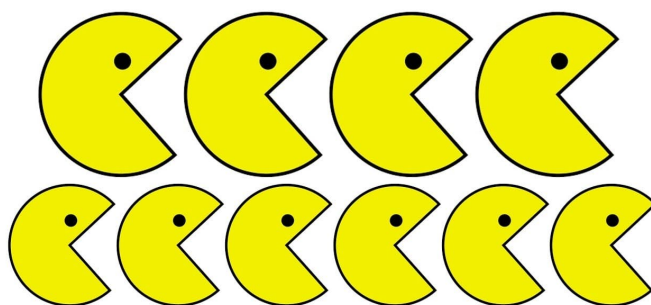




International playground for Youth Work In Schools

Featuring inspiring blogs, vlogs, and podcasts of piloting experiences, as well as expert texts from the youth field in our partner countries.



YWIS PodTalk: Podcast from Greece



YWIS PodTalk will dive into the most innovated and impact Youth Work practices from Finland. In this series Podcast hosts Yannis Pechtelidis and Vicky Kozari will discuss about four good educational practices with special guest George Gakoudis. Podcast will offer practical tips and perspectives for educators, youth workers and anyone passionate about education!

[Episode 1: Introduction](#)

[Episode 2: A vision for a Sustainable Future](#)

[Episode 3: Democracy Education in Schools](#)

[Episode 4: Mental Health Promotion with Posters and Strength Cards](#)

[Episode 5: Supporting Group Dynamics](#)

**Emotional rollercoaster – Youngsters' wellbeing:
Podcast from Estonia**



In this podcast, Youth workers from the Saaremaa Youth Work Center discuss feelings young people experience during a school day.

Youth worker Eve held a workshop with young people, where she used the tools developed within the framework of the Erasmus+ project “Youth Work in School”. She used one MIELI Mental Health Finland poster for that, what is called The poster “Roller Coaster of Emotions”.

The overview of this activity is sad, because young people mentioned more negative emotions than positive emotions. Young people are struggling with how to cope with these feelings. The podcast discusses the reasons why young people’s mental health is in such poor condition and what factors influence it.

Youth workers want to be a support for young people and help them with their concerns.

[Emotional rollercoaster – Youngsters' wellbeing.](#)



YWIS VLOGS

VLOG – Future Cafe activity – Portugal

Recap of the session held in Vila Boa in Portugal inspired by “Future Cafe for 9th Graders in the Spring”, a good practice initiated at Mertala Unified School (grades 1.-9.) in the city of Savonlinna (Finland). This event brought together youngsters to explore their future paths. Watch the details of this pilot and discover the highlights from the discussions from the link below!

[Future Cafe activity VLOG](#)

VLOG – Musical chairs as a commons -Pilot activity in Estonia

Under one of the main themes in YWIS, Strengthening the sense of community, Salme grammar school youth worker Liis Kaal is testing this practice with her fifth grade pupils.

[Musical Chairs as a Commons](#)

VLOG – Environmental Sustainability in Fashion –Pilot activity in Estonia

Saaremaa Youth Center youth workers tested this activity with young people from the student councils from different Saaremaa schools.

[Environmental Sustainability in Fashion](#)

VLOG -Youth work guidelines in a vocational school and piloting Environmental sustainability in Fashion

In the video we get to know the principles of youth work in a vocational institute. We get a glance to the students’ breakroom and learn, how the workshop Environmental sustainability in Fashion was executed – with reflection, of course!

Video by youth workers Joni Tuominen and Milja Heinonen from Vantaa Varja Vocational College

[Environmental sustainability in Fashion](#)